



COGNITROM

PAXonline Platform Evaluation

Feedback from Psychologists

Session: *May – July 2012*

PAXonline Platform Evaluation

How easy/hard was for you to use the technology from PAXonline platform?

Feedback from Psychologists

95% “easy”
or “very easy”

TOTAL	MEDIAN
648	5

Rating	1	2	3	4	5
N	0	1	27	216	404
%	0	0.15	4.17	33.33	62.35

PAXonline Platform Evaluation

How easy/hard was for you to use the technology from PAXonline platform?

Feedback from Psychologists

Rating	Users “without patient”	Users “with patient”
easy/hard	94% “very easy” or “easy”	97% “very easy” or “easy”
	56% “very easy”	68% “very easy”

PAXonline Platform Evaluation

How **important** do you think PAXonline components are for the therapeutic intervention?

PAXonline components	Med.	“very important” %	“important” %
initial and advanced psych. assessment	5	75.54	18.84
the modules’ text content	5	71.79	23.87
graphics, figures, multimedia materials	5	78.58	16.70
exercises and homework	5	71.90	22.81
case studies (texts or videos)	5	72.91	21.27
additional resources (articles, stories etc.)	5	75.59	18.81
asynchronous and synchronous communication	5	52.81	33.15
patient registry	5	55.87	26.52
forum	4	37.74	35.82

PAXonline Platform Evaluation

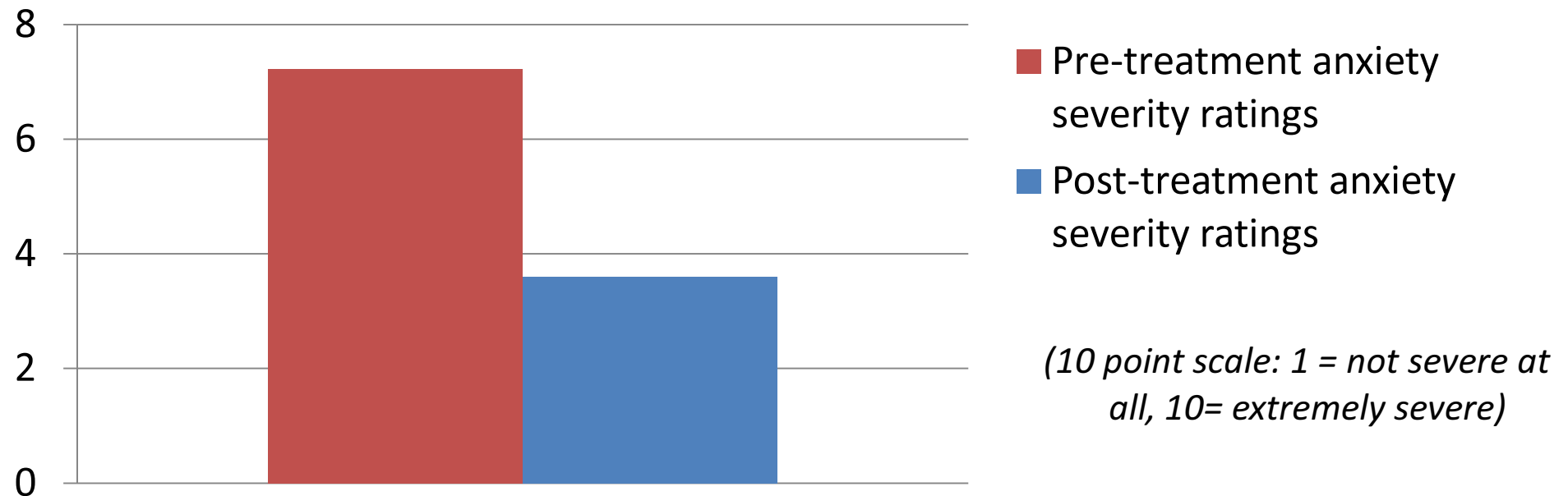
What do you think about the **quality** of PAXonline components?

PAXonline components	Med.	“very good” %	“good” %
initial and advanced psych. assessment	5	78.14	18.25
the modules’ text content	5	85.45	12.18
graphics, figures, multimedia materials	5	83.15	13.92
exercises and homework	5	79.63	17.25
case studies (texts or videos)	5	78.58	17.60
additional resources (articles, stories etc.)	5	81.64	16.18
asynchronous and synchronous communication	5	62.90	28.06
patient registry	5	68.05	21.93
forum	5	55.43	31.98

PAXonline Platform Evaluation

What was the effect of therapy through PAXonline?

Feedback from Psychologists



N	Pre-treatment M (SD)	Post-treatment M (SD)	Statistical significance (t test)
149	7.22 (1.75)	3.6 (1.63)	$t(148)=25.87$ $p<.001$

PAXonline Platform Evaluation

What did you like the most at this program?

TOP 7

Choice	N	%
concept , innovative, novelty, utility, easiness, everything	97	11.18
information , text, helpful, science	89	10.25
resources , stories, coping cards	71	8.18
structure , treatment plan	62	7.14
attractive , easy, presentation type, practical	58	6.68
materials' quality , diversity, multimedia	53	6.11
videos	53	6.11

filter: >5% (868 references)

PAXonline Platform Evaluation

Feedback from Patients

PAXonline Platform Evaluation

How easy/hard was for you to use the technology from PAXonline platform?

Feedback from Patients

75% “easy”
or “very easy”

TOTAL	MEDIAN
49	4

Rating	1	2	3	4	5
N	2	0	10	22	15
%	4.08	0	20.41	44.9	30.61

PAXonline Platform Evaluation

How **important** do you think PAXonline components are for reducing your anxiety problems?

PAXonline components	Med.	“very important” %	“important” %
initial and advanced psych. assessment	5	53.06	26.53
the modules’ text content	5	77.55	16.33
graphics, figures, multimedia materials	5	63.27	30.61
exercises and homework	5	58.33	25
case studies (texts or videos)	5	67.35	22.45
additional resources (articles, stories etc.)	5	69.39	22.45
forum	3	20	15.56
psychologist assistance	5	63.27	26.53

PAXonline Platform Evaluation

What do you think about the **quality** of PAXonline components?

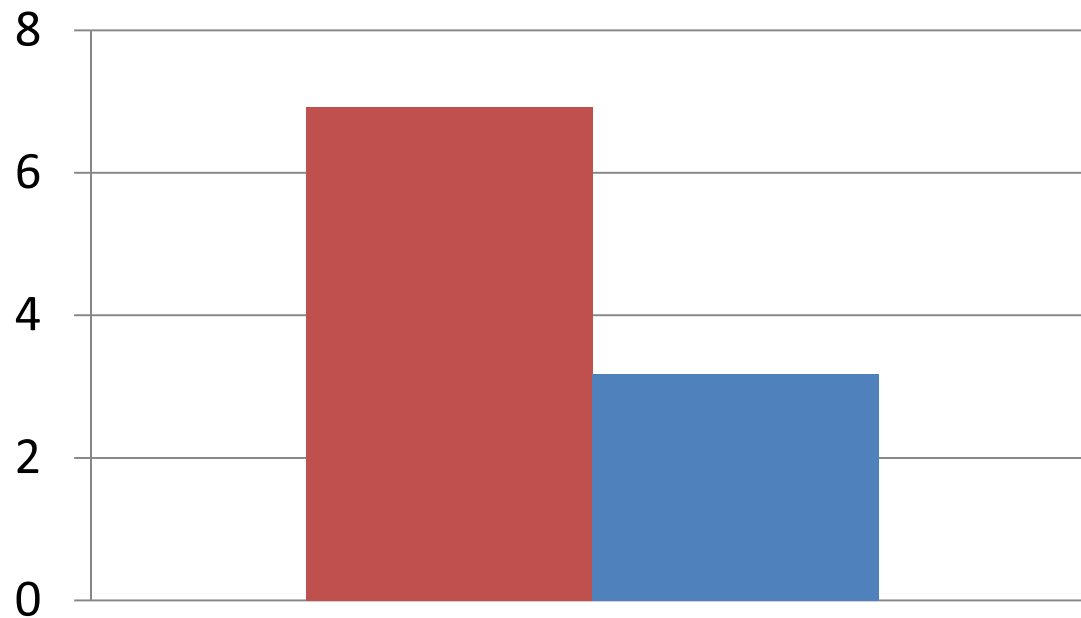
PAXonline components	Med.	“very good” %	“good” %
initial evaluation and advanced evaluation	5	65.31	22.45
the modules’ text content	5	81.63	16.33
graphics, figures, multimedia materials	5	83.33	10.42
exercises and homework	5	79.59	14.29
case studies (texts or videos)	5	77.08	18.75
additional resources (articles, stories etc.)	5	81.63	16.33
forum	4	46.51	20.93
psychologist assistance	5	81.25	18.75

PAXonline Platform Evaluation

What was the effect of therapy through PAXonline?

95%

“clear, positive results”



- Pre-treatment anxiety severity ratings
- Post-treatment anxiety severity ratings

(10 point scale: 1 = not severe at all, 10= extremely severe)

N	Pre-treatment M (SD)	Post-treatment M (SD)	Statistical significance (t test)
33	6.92 (2.33)	3.18 (1.75)	t(32)=10.05 p<.001

PAXonline Platform Evaluation

What did you like the most at this program?

TOP 7

Choice	N	%
Videos	15	14.42
modules , content, length	12	11.53
information , text, helpful, science, understand, quality	11	10.57
homework , exercises	7	6.73
access , from the distance, anytime	7	6.73
language , expression, instructions, explanations	7	6.73
attractive , easy, motivating	6	5.76

filter: >**5**% (65 references)

PAXonline Platform Evaluation

Would you recommend the platform to other people who have anxiety problems?

100% “Yes!”

TOTAL
48

Rating	YES	NO
N	48	0
%	100	0